



NATIONAL PROBATION SERVICE
for England and Wales
Lancashire

When you complete 'Think First'

- We give you a certificate
This shows your achievement
- You attend an appointment with your Case Manager and your 'Think First' leader in order to:
 - review your progress
 - agree on follow-up work
- We keep a record of your attendance on 'Think First'
- We check your record in 2 years to see if you are convicted further
'Think First' aims to stop offending and reduce re-offending

If you are unhappy

If you are unhappy about our service in any way, talk to your supervising officer. Our staff will listen and do what they can to help. If you are not satisfied, ask to talk to the Team Manager. If you wish to take it further ask for our leaflet 'How to make a complaint'.

Information about you

Our staff keep information about you in records and on computer. We keep all records safe and secure. If you wish to know more about this, ask to see our leaflet 'Your right to see your records'.

To contact us

Make a note here of your:
Probation Centre

Address.....
.....
.....

Telephone.....

If English is not your first language and you would like an interpreter present with us, please ask us to arrange this.

જો અંગ્રેજી તમારી પહેલી ભાષા ન હોય અને તમે ઈચ્છો છો કે આપણી સાથે કોઈ દુભાષિયો હોવો જોઈએ તો અમને એની ગોઠવણ કરવા માટે જણાવો.

اگر انگریزی آپ کی پہلی زبان نہیں ہے اور آپ چاہتے ہوں کہ کوئی مترجم ہمارے ساتھ موجود ہو تو براہ کرم ہمیں یہ بندوبست کرنے کے لیے بتائیں.

Probation's aims are

- Protect the public
- Reduce re-offending
- Proper punishment of offenders
- Rehabilitation of offenders
- Increasing offenders' awareness for victims

'Think First'

to stop offending



'Think First' is

- part of a sentence imposed on you by the court
- a probation programme for offenders

'Think First' aims to:

- stop your offending
- help you sort out problems
- help you change: get more out of life

What you do on 'Think First':

- attend in a group with other people
- talk about your offending
- face up to what you have done
- accept responsibility
- work on such things as
 - how you think and feel
 - coping for yourself
 - working with other people
 - listening to others
 - recognising problems
 - different ideas and views
 - seeing things afresh

All sessions are recorded on video.

You must tell us:

- your current address where we can contact you

When does it begin?

When you are sentenced at court:

The Court Duty Officer will explain to you when you must attend your Probation Office

We will write to tell you:

- your start date for 'Think First'
- where to attend

You must attend

- all appointments with your Probation Officer
- 4 starter sessions
- 22 sessions daytime or evening (each is 2 hours 30 minutes)
- follow-up sessions

If you are ill and if you cannot attend : you must:

- contact your Probation Officer

or

- contact the Programmes Team where you are due to attend.

If you do not attend and do not explain why we will:

- send a written warning to you

Other action we may take:

- return you to court

Where to attend

- You must attend at a probation centre.
It may be any one of these:
Preston, Blackpool, Blackburn, Lancaster, Accrington, Nelson.
- We help with travel cost:
either a rail pass or bus tokens

Please tell us

- If you have any problems troubling you, please talk to your Programme group leader. He or she will arrange for you to see someone to advise or help you.

What you can expect of us:

- to be treated with respect
- help with the problems that led to your offending