

## About the Community Domestic Violence Programme

If it is not acceptable, we may take action to return you to the Court.

If we accept your reason for missing a session, you must attend a 'catch-up' session before the next group session. If you miss more than 3 sessions, you must restart the programme.

### If you are ill/cannot attend

You must tell us straight away and

- ask your GP/doctor to sign a Medical Certificate.
- make sure we receive it within 7 days of your absence. (We cannot accept a self-certificate)

### After you complete.

You must attend an appointment with your Case Manager and your programme leaders in order to:

- review your progress
- agree any follow-up work

We check your record in 2 years to see if you are convicted further.

### If you are unhappy

If you are unhappy about our service in any way, talk to your programme tutor or Case Manager. Our staff will listen and do what they can to help. If you are not satisfied, ask to talk to the Team Manager at the centre you attend. If you wish to take it further, ask for our leaflet 'How to make a complaint'.

### Information about you

Our staff keep information about you in records and on computer. We keep all records safe and secure. If you wish to know more about this, please ask to see our leaflet: 'Your right to see your records'

If English is not your first language and you would like an interpreter present with us, please ask us to arrange this.

જો અંગ્રેજી તમારી પહેલી ભાષા ન હોય અને તમે ઈચ્છો છો કે આપણી સાથે કોઈ દુભાષિયો હોયો જોઈએ તો અમને એની ગોઠવણ કરવા માટે જણાવો.

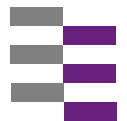
اگر انگریزی آپ کی پہلی زبان نہیں ہے اور آپ چاہتے ہیں کہ ہمیں کوئی مترجم ہمارے ساتھ موجود ہو تو براہ کرم ہمیں بتائیں۔

### Probation's aims are

- Protect the public
- Reduce re-offending
- Proper punishment of offenders
- Rehabilitation of offenders
- Increasing offenders' awareness for victims

## About the Community Domestic Violence Programme

*Enforcement, rehabilitation and public protection*



NATIONAL PROBATION SERVICE  
for England and Wales

## About the Programme

It is a nationally accredited probation programme. It aims to reduce re-offending. You must attend this programme, if required to do so as part of a court order, or if it is a part of your licence.

## How it will help you

The programme will help you to learn skills and new ways to manage and control your behaviour. You will:

- learn about what can cause and trigger abusive behaviour.
- become aware of various types of abusive attitudes towards a partner and children.
- become more aware of damage caused by abusive attitudes and behaviour in relationships.
- develop your sense of responsibility for your own use of abusive and violent behaviours.
- change any abusive attitudes and behaviours by learning more positive and healthy ways of coping with conflict in relationships.

## You can expect of us

- fair and equal treatment. We respect your rights.
- help with the problems that led to your offending.

## What you will do

You will attend

- **individual sessions** with your Case Manager. These take place throughout the length of your period of supervision.

and

- **Up to 28 sessions in a group** with others. Each session lasts up to 2 hours 30 minutes.

The focus is on your abusive behaviour in the past and now. You do this individually with your Case Manager and in the group with other men who have committed similar actions.

You take part in a range of activities looking at:

- various problems in relationships
- how you can respond without abuse or violence.

**You are encouraged to adopt new ways of thinking and behaving that are:**

- **positive and healthy**
- **do not harm your partner, children or relationship.**

**You must agree to do all these**

- Attend all appointments we give you.
- Arrive on time.
- Switch off your mobile phone during sessions – emergency calls can come via our reception staff.
- Treat other people in the group and our staff with respect.

- Respect the group confidentiality.
- Take part in the group, listen and speak in the group about your own behaviour.
- Sign a consent form, allowing us to give information about your attendance on the programme to the victim of your offence and/or to your current partner. We will contact your victim and/or current partner at regular intervals to ensure her safety and to monitor your progress. We will also be in contact with the police and Social Services.
- You must not use racist, sexist or other offensive remarks or behaviour.

All group sessions are recorded on video for staff training purposes.

## What happens if you miss a session?

You must do your best to attend every session. If you miss or do not take part in a session, **we** will ask you to explain. Your Case Manager decides whether your reason is acceptable.